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EN LÍNEA

    [we-goparks.org](https://www.we-goparks.org) | 630.231.9474

WEST CHICAGO PARK DISTRICT

# PROGRAM GUIDE

FALL 2023

## 4 Boo Bash

Have a spooktacular time at this family-friendly event on October 14!

## 12 Adult Trips

Travel with us to a variety of museums, gardens and theater shows!

## 19 Event Rentals

Let us help you with your next meeting, party, wedding or gathering!

REGISTRATION NOW OPEN



# REGISTRATION

## 3 EASY WAYS TO REGISTER

**Online** - at [we-goparks.org](http://we-goparks.org).

**In Person** - at the ARC Center, 201 W. National St. in West Chicago.

**By Mail** - mail your registration form and payment by check to the ARC Center.

## REGISTRATION INFORMATION

### Fall 2023 Season

Resident registration begins August 1, 2023.

Non-resident registration begins August 8, 2023.

**Questions?** Call Our Customer Service Team at 630.231.9474.

## VISIT US

ARC Center

201 W. National Street

West Chicago, IL 60185

**Hours** M-Th 5:30am-9:30pm | F 5:30am-7:00pm | Sa & Su 7:00am-7:00pm

**Holiday Hours** - Closed on New Year's Day, Easter, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day. Closed at 1pm on Christmas Eve and New Year's Eve.

**Disclaimer:** The West Chicago Park District strives to provide you with the most updated program brochure information. However, due to the large amount of information printed in this brochure errors may occur. We apologize for any inconvenience that this may cause and when necessary staff will advise you of changes as quickly as possible. Please visit [we-goparks.org](http://we-goparks.org) for the most up-to-date info.



**TACO & ART FEST**

Let's Taco'bout ART  
TACOS + MUSIC + ART

Join us at Reed-Kepler Park for live music, entertainment, art, children's activities and Taco Wars, where local food vendors will compete for the title of Best Taco!

**AUGUST 19, SATURDAY | SÁBADO**  
**3:00-8:00PM FREE! | GRATIS!**

Featured Performance:  
Trabuco Salsa Band from 6:00-8:00pm.

**Car Show**  
4:00-8:00pm  
| Partyka's Classic Cars

Car show participants must register with Ed Partyka in advance at 630-531-5234 or [party9544@aol.com](mailto:party9544@aol.com).



Republic Bank | Pizza Now | GROOT | aetna | State Farm



### Stay Updated With Rainout Line

Optional alerts via E-mail Text or Call 630.225.7876

# SPECIAL EVENTS



## BACK-TO-SCHOOL CAMPFIRE & CAMPOUT

**Wednesday, August 23 6:30pm Kress Creek Farms Park**

**Campfire \$10R/\$12NR per person**  
**Campsite \$25 additional per family**

Enjoy all the fun of a campfire and campout in the Park District's backyard at Kress Creek Farms Park. Enjoy a campfire, dinner, s'mores, camp stories, games and more on Wednesday night. End your evening with a family movie. Choose to spend the night and wake up with a continental breakfast. Participants are required to bring their own seating, tents and bedding.

Fee is per person for campfire and activities. Separate registration is required to reserve a campsite for the overnight option. Campsite registration is \$25 per site. Parents are required to register, attend and supervise children at all times.



## PUZZLE PURSUIT

Teams of 2-4 people will race against each other to finish the same custom Park District puzzle. Each team may only consist of up to 4 players. Puzzles will be unwrapped at the same time to begin the competition. Each member of the winning team will receive a prize pack including a \$10 West Chicago Park District Gift Card. Each team will keep their custom puzzle. Concessions will be available, or you can bring your own snacks and beverages.

**\$35 per team**



### ADULT NIGHT

Friday, Sept. 22 | 6:30-8:30pm

18+ | Bring your own adult beverages

### FAMILY DAY

Saturday, Nov. 18 | 12:00-2:00pm

All ages: at least 2 members of each team must be under 18 years of age  
Non-alcoholic beverages only

Dear **Business Owners**: Want to have a presence at these events? For sponsorship and advertising information, visit [we-goparks.org/sponsorships-opportunities](http://we-goparks.org/sponsorships-opportunities).

# SPECIAL EVENTS



**Saturday, October 14**  
**12:00-3:00pm | All Ages**

**\$10R/\$12NR pre-registration**  
**\$15 at the door**

Calling ghosts and goblins galore! Come to the ARC to see what's in store! Halloween games and lots of fun treats, this Halloween celebration is sure to be neat! Jump on your broomstick or float like a ghost to the Recreation Center and enjoy a hayride, live entertainment, games, crafts, activities and more! All children must be registered. Adults are free and must accompany children.

Pre-registration closes October 13 at 5:00pm.



# SPOOKY TRAIL

Oct. 26	7:00-9:00pm
Oct. 27	7:00-9:30pm
Oct. 28	7:00-9:30pm

**DARE TO ENTER THIS HAUNTED TRAIL, WITH GHOULS, WITCHES, AND ALL THINGS SCARY!**

**\$10 Presale / \$15 at the door**  
SKIP THE LINE & SAVE! Presale Tickets Limited to 100 Per Night

**NOW CASTING SCARE ACTORS!**  
Please reach out to [swittek@we-goparks.org](mailto:swittek@we-goparks.org) for more information.



**SAVE THE DATE** North Pole Adventure **December 9-10**

Registration opens Nov. 1 for residents and Nov. 8 for non-residents.



# SPECIAL EVENTS

## FROLF WITH THE FOUNDATION

FRISBEE GOLF TOURNAMENT



Sunday, September 10 | 1:00-3:00pm

**\$40/team of 2 | Includes 2 Discs**

Come support the West Chicago Parks Foundation at our first annual partners' frisbee golf tournament! You don't need to know how to play to participate in the recreational game. We will teach you! Game will be played as nine holes, best disc, shotgun start, with two golfers per team. Recreational players will play the front nine. Competitive golfers will play the back nine. All participants will receive a disc to use and take home with them.



## 51k for 51 Years of Play WALK FOR A GOOD CAUSE!

We strongly believe in staying fit and active while helping our community. The West Chicago Parks Foundation is supporting efforts to enhance our parks, build excellent programs and ensure no one has to sit on the sidelines.



SCAN ME

Just about one mile a day will get you all the miles you need to complete this 51K (31.7 miles)! Half of all proceeds will benefit the West Chicago Parks Foundation. When you complete the challenge, turn in a log sheet to be entered into a drawing for prizes! Simply email your completed 31.7 miles to [info@we-goparks.org](mailto:info@we-goparks.org) or drop it off at the ARC Center by October 5th.



All registrants will receive a log to keep track of your miles and a t-shirt! Register prior to September 1 to guarantee your t-shirt.

WEST CHICAGO PARKS  
FOUNDATION  
Making our community a better place

**Sept. 1-30 | \$25 | Register by Sept. 1 to guarantee a t-shirt**



**SAVE THE DATE DEC. 15**

**SLICES  
WITH  
SANTA**



# YOUTH PROGRAMS

## Babysitting Basics **NEW**

A must for beginning babysitters! Safety, child-tending skills and basic first aid are covered. A workbook is also given to take home. Receive a certificate upon completion of class. Participants should bring a doll to class. Located at the ARC Center. **Registration deadline: 1 week in advance.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
316300_01	9/23	Sa	9:00am-12:00pm	11-15	\$35/\$42
316300_02	10/7	Sa	9:00am-12:00pm	11-15	\$35/\$42
316300_03	11/18	Sa	9:00am-12:00pm	11-15	\$35/\$42

## Magic 101

Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading and more. All materials are provided, and each participant receives a magic kit to take home. Class will be held at Bartlett Community Center. **Registration deadline: 1 week in advance.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
316018_01	9/25	M	5:00-5:55pm	5-12	\$26/\$31
316018_02	11/2	Th	6:45-7:40pm	5-12	\$26/\$31



## WeGo Workshop

Engage your STEAM skills and showcase your imagination as you create fun projects! Every month there will be something exciting and new to make and take. Located at the ARC Center. **Registration deadline: 48 hours in advance.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
316200_01	9/16	Sa	10:00-11:30am	5-12	\$10/\$12
316200_02	10/21	Sa	10:00-11:30am	5-12	\$10/\$12
316200_03	11/11	Sa	10:00-11:30am	5-12	\$10/\$12

## Parent's Night Out

Parents, drop the kids off and enjoy a night out! Kids will enjoy a pizza dinner and participate in games, crafts, and staff supervised free-play in the TreeTop Escape and gym while you relax. For ages 3-11. Located at the ARC Center. **Registration deadline: 48 hours in advance.** (PS)

CODE	DATE	DAY	TIME	R/NR
316020_01	9/22	F	6:00-9:00pm	\$12/\$14
316020_02	10/20	F	6:00-9:00pm	\$12/\$14
316020_03	11/10	F	6:00-9:00pm	\$12/\$14

## Rock 'n Kids

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. Activities are age appropriate by class and include rhythm and coordination; fine and gross motor skills; imagination; and listening and following directions skills. Located at the Bartlett Community Center or Foundation View Recreation Center. (PS)

### Tot Rock (Ages: 1 with parent)

CODE	DATE	DAY	TIME	R/NR
316114_01	9/14-10/19	Th	9:15-9:55am	\$66/\$79
316114_02	9/16-10/21	Sa	9:15-9:55am	\$66/\$79
316114_03	11/2-12/14	Th	9:15-9:55am	\$66/\$79
316114_04	11/4-12/16	Sa	9:15-9:55am	\$66/\$79

### Kid Rock I (Ages: 2-3 with parent)

CODE	DATE	DAY	TIME	R/NR
316115_01	9/14-10/19	Th	10:00-10:40am	\$66/\$79
316115_02	9/16-10/21	Sa	10:00-10:40am	\$66/\$79
316115_03	11/2-12/14	Th	10:00-10:40am	\$66/\$79
316115_04	11/4-12/16	Sa	10:00-10:40am	\$66/\$79

### Kid Rock II (Ages: 3-5 without parent)

CODE	DATE	DAY	TIME	R/NR
316116_01	9/14-10/19	Th	10:45-11:25am	\$66/\$79
316116_02	9/16-10/21	Sa	10:45-11:25am	\$66/\$79
316116_03	11/2-12/14	Th	10:45-11:25am	\$66/\$79
316116_04	11/4-12/16	Sa	10:45-11:25am	\$66/\$79



## Gymnastics (Location: Simkus Recreation Center)

Gymnastics classes are held through a joint program with the Carol Stream Park District at Simkus Recreation Center. We offer Ninja Classes, Cheernastics, Leveled Gymnastics and more available for ages 1-14. Check our website for new sessions beginning in September! (PS)

# YOUTH PROGRAMS

# DANCE



## Discover Dance Tots

Watch your child's independence and confidence soar as they explore and discover the benefits of a more structured dance class. Live singing, musical play and sensory props will have little ones moving and grooving with their friends and eager to return to class each week! 2-year-olds are strongly encouraged to have previous experience in Discover Dance with Me prior to joining DDT. For ages 2-3. Located at the ARC Center. No class 11/12.

**Registration deadline: Sept. 13.** (PS)

CODE	DATE	DAY	TIME	R/NR
307016_01	9/20-12/13	W	3:40-4:10pm	\$85/\$102



## Ballet/Tap

Ballet/Tap Combo is the most popular combo for dancers. Classes include stretches, barre work, class etiquette, basic technique of each style, games and learning choreography in both ballet and tap. Please wear leotard, tights, or comfortable form-fitted clothing, ballet and tap shoes. There is no class on 11/22. Located at the ARC Center. **Registration deadline: Sept. 13.** (PS)

### Ballet/Tap A (for ages 3-6)

CODE	DATE	DAY	TIME	R/NR
307031_01	9/20-12/13	W	4:20-5:05pm	\$117/\$140

### Ballet/Tap B (for ages 5-7)

CODE	DATE	DAY	TIME	R/NR
307031_02	9/20-12/13	W	5:15-6:15pm	\$156/\$187

### Ballet/Tap I (for ages 7-9)

## Fall Dance Parties & Workshops

Dance Parties are one-day sessions of dance technique, movement games, crafts, a mini-performance and much more! Participants of all levels are encouraged to get involved through these camp-style classes that are designed to help participants fill their evening with fun, educational and movement-oriented programming. Located at the ARC Center. (PS)

### Monster Mash

Hip Hop dance technique, movement games, and choreography to your favorite Halloween music. **Registration deadline:**

**Oct. 14.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
307006_01	10/21	Sa	9:30-11:00am	3-8	\$29/\$35

## Monster Mash

Saturday, Oct. 21

9:30-11:00am

\$29R/\$35NR



### Sugar Plum Tea Party

Dress up in your best ballet attire and join Ms. Lora and the MPD Dance Company for a morning of Nutcracker fun. Our day will start with a fun craft and reading the story of the Nutcracker followed by a dance class full of ballet technique, movement games, and choreography to the music of the Nutcracker. At the end of our event we will enjoy delicious treats and tea with the Sugar Plum Fairy herself! **Registration deadline: Dec. 2.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
307006_02	12/9	F	4:30-6:30pm	3-8	\$65/\$70

## Sugar Plum Tea Party

Friday, Dec. 9, 4:30-6:30pm

Ages 3-8

\$65R/\$70NR



# YOUTH PROGRAMS

## MARTIAL ARTS



### Beginner Karate

Participants will learn twelve different kicks, twenty-three different blocks, breakaways, and twelve types of strike techniques with an emphasis on flow, power, technique, and transition. Group dynamics will be practiced which working with other students on their techniques. Participants will have the opportunity to earn colored-belt ranks at the end of each session. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
304600_01	9/4-10/30	M	7:00-8:00pm	6+	\$64/\$77
304600_02	9/6-10/25	W	7:00-8:00pm	6+	\$64/\$77

More sessions online. Intermediate/Advanced Karate also available. For more information, visit [we-goparks.org/martialarts](http://we-goparks.org/martialarts).

### Dragon Tots

Participants will learn basic techniques utilizing balance, timing, and repetition. Students will learn break-away techniques from attackers, dealing with bullies, and how to respond to strangers. Participants will have the opportunity to earn colored-belt ranks at the end of each session. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
304603_01	9/6-10/25	W	6:15pm-7:00pm	3-6	\$64/\$77
304603)02	11/1-12/27	W	6:15pm-7:00pm	3-6	\$64/\$77

### MEET SENSEI GIL

Sensei Gil has been working with the West Chicago Park District since 1981. He is the head director and lead instructor of Tang Soo Do, a martial arts school and association in West Chicago. With an 8th degree in International Martial Arts, a 6th degree in Jiu Jitsu, and a Teaching Masters Certification in Tai Chi, Sensei Gil will help your child learn martial arts in a safe and educational environment!



### Tai-Chi Chuan

Tai-Chi provides a beneficial impact on health through moving meditation. The exercises are easy to do, have low aerobic impact, and are done slowly with natural body alignment, movement, and breathing. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
304605_01	9/7-10/26	Th	7:15-8:15pm	16+	\$64/\$77
304605_02	11/2-12/28	Th	7:15-8:15pm	16+	\$64/\$77



### Jiu Jitsu

Jiu Jitsu focuses on building the individual and staying calm in dangerous or threatening situations. Techniques taught are joint locks, types of throws, breakaways, escapes, counters, and groundwork. For ages 5+ with previous Judo class experience or 11+ for new students. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	R/NR
304607_01	9/7-10/26	Th	6:00-7:00pm	\$64/\$77
304607_02	11/2-12/28	Th	6:00-7:00pm	\$64/\$77

### Judo

Judo does not use striking techniques of any kind. It's a sport based on another person's aggressive moves. Judo is two individuals who, by gripping uniforms, use the forces of balances, power, timing, and physics to subdue their opponents and it involves techniques of throwing, grappling and submission holds. For ages 5+ with previous Judo class experience or 11+ for new students. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	R/NR
304609_01	9/7-10/26	Th	6:00-7:00pm	\$64/\$77
304609_02	11/2-12/28	Th	6:00-7:00pm	\$64/\$77

More sessions are available! Visit our website for more information at [we-goparks.org/martialarts](http://we-goparks.org/martialarts).



# YOUTH PROGRAMS

## YOUTH ATHLETICS



### Youth Soccer League

In this coed league, participants will learn the basics of Soccer. Practices and games are held once per week at Cornerstone Lakes Park. Game and practice times are scheduled once registration closes and teams are formed. Fees include team shirt. Requests for teams, players, coaches, and practice days are accepted but not guaranteed. **Registration deadline: Aug. 27, 2023.** (BN)

CODE	DATE	GRADE	R/NR
321045_01	9/4-10/28	Pre-K/Kinder	\$65/\$80
312045_02	9/4-10/28	1st & 2nd	\$65/\$80
312045_03	9/4-10/28	3rd & 4th	\$65/\$80
312045_04	9/4-10/28	5th & 6th	\$65/\$80
312045_05	9/4-10/28	7th & 8th	\$65/\$80



### Youth Dodgeball League

In this coed league, participants will play in an eight-game Dodgeball season followed by a single-elimination tournament. Games are held once per week at the ARC Center. Game times are scheduled once teams are formed. Fees include team shirt. Requests for teams, players, and coaches are accepted but not guaranteed. **Registration deadline: Aug. 27, 2023.** (BN)

CODE	DATE	DAY	GRADE	R/NR
304300_01	9/8-11/3	F	1st & 2nd	\$50/\$60
304300_02	9/8-11/3	F	3rd & 4th	\$50/\$60
304300_03	9/8-11/3	F	5th & 6th	\$50/\$60
304300_04	9/8-11/3	F	7th & 8th	\$50/\$60

### "Let the Work Show" Basketball Skills Training

In this 5-week program, players will improve fundamental Basketball skills. Each week will focus on one of the five key skills (dribbling, finishing, passing, shooting, and defense), with participants leaving with increased self-esteem and a better understanding of the game. Classes are taught by TS Basketball Skills Training instructors. Located at the ARC Center. (BN)

#### Session 1

CODE	DATE	DAY	TIME	AGES	R/NR
304550_01	9/11-10/9	M	5:30-6:15pm	6-11	\$95/\$115
304550_02	9/11-10/9	M	6:25-7:15pm	8-14	\$95/\$115

#### Session 2

CODE	DATE	DAY	TIME	AGES	R/NR
304550_03	10/16-11/13	M	5:30-6:15pm	6-11	\$95/\$115
304550_04	10/16-11/13	M	6:25-7:15pm	8-14	\$95/\$115

#### Session 3

CODE	DATE	DAY	TIME	AGES	R/NR
304550_05	11/20-12/18	M	5:30-6:15pm	6-11	\$95/\$115
304550_06	11/20-12/18	M	6:25-7:15pm	8-14	\$95/\$115

## VOLUNTEER COACHES NEEDED!

Interested in coaching?  
**Contact Ben Nelson,**  
**Recreation Manager, at**  
**[bnelson@we-goparks.org](mailto:bnelson@we-goparks.org)**  
**or 630-231-9474 x104**  
**for more information.**

# EARLY CHILDHOOD & SCHOOL AGE



## Kepler Preschool

The West Chicago Park District's Kepler Preschool focuses on the developmental needs of children from three to five years old. Kepler Preschool is designed to give children the tools and experiences necessary to assure a positive transition to Kindergarten. Our program offers a warm and friendly environment where children can explore and flourish. Socialization skills and independence are developed through a variety of daily skills and exercises. Kepler Preschool is held at Zone250 (250 W. National Street). (PS)



Register online at [we-goparks.org/early-childhood](http://we-goparks.org/early-childhood).

The 3 Day program runs Sept. 6 2023 - May 24, 2024.  
The 2 Day program runs Sept. 5 2023 - May 23, 2024.

TYPE	DAY	TIME	AGES	R/NR*
3 Day In-Person	M, W, F	9:00-11:30am	4-5	\$195/\$234 (mo)
2 Day In-Person	Tu, Th	9:00-11:30am	3-4	\$135/\$162 (mo)

\*+ \$75 non-refundable deposit



Photo Credit: Lisa Mulvey Photography

## Before & After School

The Before and After School Program strives to encourage children in Kindergarten through 5th Grade to laugh, learn, make friends and be active every day! Located at Norton Creek Elementary School in D303 and the ARC Center for all D33 Elementary Schools. (PS)

D303	DAY	TIME	R/NR
Before School	M-F	6:30-8:00am	\$8/day
After School	M-F	3:00-6:00pm	\$14/day
D33	DAY	TIME	R/NR
Before School	M-F	6:30-8:15am	\$8/day
After School	M-F	3:30-6:00pm	\$235/mo*

\*Must register for entire month.

## Off 2 School

Off 2 School focuses on Preschool readiness skills such as walking in a line, taking turns, following directions, sharing, circle time, and participating in clean-up time. Students do not need to be potty trained, but parents must be available to come back to the ARC Center in case of an accident. Additional sessions will be offered through May 2024. (PS)

	DATE	DAY	TIME	AGES	R/NR
1	9/12-11/2	Tu, Th	9:00-11:00am	2-3	\$260/\$335
2	11/7-1/18	Tu, Th	9:00-11:00am	2-3	\$260/\$335

## Days Off School Club

Days Off School Club offers special events and theme days including sports, arts and crafts, group games, and more to students in Kindergarten to 8th grade in all school districts! Children are responsible for bringing a sack lunch, drink, and afternoon snack daily. The program is held at ARC Center. (PS)

Days Available: 10/9, 11/17, 11/20, 11/21, 11/22  
Winter Break Available Now! 12/26-29, 1/2-5

REGULAR HOURS	R/NR
9:00am-4:00pm	\$40/\$52
EXTENDED HOURS	R/NR
(AM) 7:00-9:00am	\$8/\$10
(PM) 4:00-6:00pm	\$8/\$10

# TREETOP ESCAPE



## LET YOUR SENSES GO WILD!

This jungle-themed, indoor playground, TreeTop Escape, is available year-round for children ages 1-12. With slides, climbing features, and interactive sights and sounds, your child will have a blast! TreeTop Escape is located inside the ARC Center at 201 W. National Street, West Chicago, IL 60185.

## Open Play

Come with your child during open hours for indoor playground access. One free adult per paying child. Admission can only be purchased onsite. (PS)

DAY	TIME	DAILY RATE
M-Th	12:00pm-3:00pm, 7:30pm-9:00pm	\$10
F	12:00pm-6:00pm	\$10
Sa	8:00am-5:00pm	\$10
Su	8:00am-5:00pm	\$10

## ARC Fitness Childcare

Children are supervised by staff in TreeTop Escape at the ARC Center. Parents must stay on-site. Free for Elite Members or pay per visit. **Registration is required for infants who are 3 months to 1 year old.** (PS)

DAY	TIME	AGES	R/NR
M-F	8:30-11:30am	3mo-11yr	\$5/\$7
M-Th	4:30-7:00pm	3mo-11yr	\$5/\$7

## BIRTHDAY PARTIES!

Available Year-Round On Saturdays and Sundays  
 9:30am-11:30am, 12:00pm-2:00pm  
 2:30pm-4:30pm, or 5:00pm-7:00pm

### Package Includes:

- Admission for 20 Guests (Ages 1-14)
- 2-Hour Birthday Party with Party Room and TreeTop Escape for Duration of Party
- 24 Cupcakes, Plates, Plasticware, Napkins and Cups

**\$215** for residents  
 \$260 for non-residents

### Food Options

Outside food and beverage are allowed. Optional food (pizza) and drinks (soda, lemonade, water bottles) are available for order.

*Childcare and open play hours are subject to change.  
 Please visit Rainout Line at [we-goparks.org](http://we-goparks.org) for updated hours of operation.*

# ADULT PROGRAMS



All day trips are in cooperation with the Warrenville and Winfield Park Districts and may depart from Warrenville, West Chicago or Winfield Park Districts. Departure locations will be emailed 1-week prior to the trip date. After the registration deadline, trip registrations can be refunded only if a spot can be filled by a participant on the waitlist. Youth under the age of 18 must be accompanied by a paying adult.

## Fall Morton Arboretum Tour

Come join us at the Morton Arboretum as we explore the grounds and marvel at the beautiful array of colors that this tree museum has to offer during one of their most fabulous times of the year. During our visit, we will be taking a scheduled tram tour around the arboretum grounds and will be given the chance to walk the trails on your own before or after the tour. While you are out enjoying nature, do not forget to check out the facility's newest addition, The Gerard T. Donnelly Grand Garden. **Registration deadline: Sept. 20.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311201	10/4	W	8:30am-2:30pm	21+	\$28

## Little Shop of Horrors

From songwriters Howard Ashman and Alan Menken, the genius duo behind Aladdin, The Little Mermaid and Beauty and the Beast, comes the doo-wop R&B sensation Little Shop of Horrors. Join us on Skid Row as meek and mild Seymour Krelborn eeks out a living at the failing Mushnik's Flower Shop. Until one day, he discovers a strange and unusual plant he names Audrey II – one that feeds on human blood. Seymour becomes caught up in a wild scheme of trying to acquire fresh blood for his carnivorous plant – all while attempting to save the love of his life from her evil dentist boyfriend. **Registration deadline: Sept. 23.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311202	10/7	Sa	12:00-5:30pm	21+	\$48

## The Andrew Sisters

The Andrew Sisters Sweet Reminder is a dynamic duo that entertains audiences with the hits of yesterday in their unique playful style! Beautiful vocals and interesting harmonies meet light-hearted fun, as Nancy Baumet and Dia Madden invite you to join in an engaging musical experience. These former Legacy Girls are no strangers to delighting audiences with their upbeat personalities as well as their great vocals. **Registration deadline: Sept. 25.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311204	11/8	W	9:15am-4:30pm	21+	\$65

## Charlie & the Chocolate Factory

This fantastical musical follows young Charlie Bucket and his Grandpa Joe as they join four other Golden Ticket winners to tour the magical and mysterious chocolate factory of eccentric "Candy Man" Willy Wonka. Paramount Theater lobby will be decked out for the season with a giant two-story, fully decorated Christmas tree and all the trimmings. Ages under 18 must be accompanied by an adult. **Registration deadline: Nov. 4.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311203	11/18	Sa	12:00-5:30pm	8+/Adult	\$48

## White Fence Farms

The magic of the holiday season comes alive as Sweet Reminder celebrates "the most wonderful time of the year" in their signature playful style! Beautiful vocals, interesting song facts, quirky props, a healthy dose of humor and a bit of audience participation make Sweet Reminders of Christmas a fun stop on your holiday good-time to-do list! **Registration deadline: Nov. 24.** (MM)

CODE	DATE	DAY	TIME	R/NR
411205_01	12/8	F	10:00am-3:30pm	\$61



Photo Credit: The Morton Arboretum.

# ADULT PROGRAMS

## Social Gatherings

Each month we gather at the ARC Center to chat with our friends, enjoy entertainment and, of course, eat. Pre-registration is required for all social gatherings so we can be sure to have enough food for everyone! **Registration deadline: the Friday prior to social date at 12:00pm.** (MM)

## Fireman Fish Fry **FREE**

Members of IAFF Local 3970 will be frying up the fish once again! Please join us at the ARC Center for our annual fish fry. This event is sponsored by the West Chicago Professional Fire Fighters Association - IAFF Local 3970. **Registration deadline: Oct. 6 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311100_01	10/12	Th	12:00-2:00pm	50+	Free



## Thanksgiving Feast

Gather at the ARC Center to celebrate Thanksgiving with a traditional Thanksgiving feast. **Registration deadline: Nov. 3 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311204	11/9	Th	12:00-2:00pm	50+	\$15

## Holiday Celebration

Ring in the holidays with us at our Holiday Celebration! Please bring a wrapped gift worth no more than \$5.00 for a little holiday fun! **Registration deadline: Dec. 8 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311204	12/14	Th	12:00-2:00pm	50+	\$15



For more information about our socials and day trips, contact Facility Supervisor, Melissa Medeiros, at [mmedeiros@we-goparks.org](mailto:mmedeiros@we-goparks.org) or call 630.231.9474.

## Open Play Games

Grab your friends and join us for Open Game Play. We will have a variety of games on hand to choose from or bring your own! Choose from Mahjong, Cards, UNO, Rummikub, Yahtzee, Pinochle, Dominoes, Boggle, Scrabble, and Cribbage. Entire Season of Open Game Play is \$10 per chosen day or pay by day at the front desk for \$2. NOTE: Mahjong players must have the required card which can be purchased here: [nationalmahjongleague.org](http://nationalmahjongleague.org). (MM)

CODE	DATE	DAY	TIME	AGES
211003_01	9/5-11/28	Tu	6:00-9:00pm	18+
211003_02	9/6-11/29	W	1:00-4:00pm	18+

# ADULT ATHLETICS

## Pickleball 101 — Beginner Pickleball Class

In this introduction to Pickleball class, participants will learn basic skills including safety, grip, serve and return of serve, forehand and backhand shots, court positioning, two-bounce rule and scoring. This class is designed for new and beginner Pickleball players. The instructor, Ken Harris, is a past National and Senior World Champion. **Registration deadline: 1 week in advance.** (BN)

Session 1

CODE	DATE	DAY	TIME	R/NR
301015_01 or 301015_02	8/9-8/30	W	6:30-7:30pm or 7:30-8:30pm	\$98/\$118

More sessions available online at [we-goparks.org](http://we-goparks.org).

## Recreational Adult Bags Tournament

Grab a friend and join our Recreational Adult Bags Tournament! Compete against players from different skill levels across the DuPage and Kane County area. Fee includes game-play, lunch, and prizes for 1st, 2nd, and 3rd place. Alcohol will be available for purchase for players 21+. Players must form their own teams. Games are self-officiated. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
301004_01	10/21	Sa	10:00am- 6:00pm	18+	\$40/\$48

## Adult Softball Tournament

Batter up...form your team and join us for the West Chicago Park District's Adult Softball Tournament held at Reed-Keppler Park. Fee includes round-robin tournament and prizes for 1st, 2nd, and 3rd place teams. Alcohol will be available for purchase for players 21+. Players must form their own teams. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
304120_01	10/7- 10/8	Sa, Su	8:00am 6:00pm	18+	\$250/\$300

# FITNESS MEMBERSHIPS



## FITNESS YOUR WAY

Membership Options	Elite \$40R/\$50NR Monthly	Classic \$20R/\$25NR Monthly	Track \$5R/\$6NR Monthly
Indoor Track	✓	✓	✓
Open Gym Courts	✓	✓	
Fitness Center	✓	✓	
ARC Locker Room Usage	✓	✓	
Unlimited Fitness Classes	✓		
Season Pass to Turtle Splash Water Park	✓		
Childcare	✓		

With an **ELITE MEMBERSHIP**, parents can utilize ARC Fitness Childcare for FREE!\*

*\*Must stay on-site. See page 11 for more information.*



### Hours of Operation

Mon - Thurs 5:30am - 9:00pm  
 Fri 5:30am - 7:00pm  
 Sat - Sun 7:00am - 7:00pm

### ARC Center

201 W. National Street  
 West Chicago, IL 60185  
 630.231.9474



# FITNESS CLASSES & PERSONAL TRAINING

## STRENGTH TRAINING

**Strength Training:** Join us for a fast-paced, high-energy strength training class.

## PILATES

**Pilates:** This class will help balance your body, improve circulation, reduce stress and improve overall endurance.

## DANCE FITNESS

**Zumba:** Zumba classes feature exotic rhythms set to high-energy Latin and international beats.

**Zumba Mix-Up:** Ditch the Workout, Join the Party! Are you ready to party yourself into shape?

**Dance Fitness:** Come join us for a fun cardio class featuring dance routines to music by incorporating the entire body.

## YOGA

**Classic Yoga:** Join us for an exercise that is certain to change your way of thinking about "working out." Yoga is an exercise for both the young and old with many wonderful health benefits.

**Evening Yoga:** Winding down your day with a yoga practice leaves you feeling relaxed and refreshed.

**Chair Stretch/Gentle Yoga:** Join one of our yoga instructors for some morning movement, stretching and gentle yoga that will improve your energy while encouraging flexibility and strength.

**Parent/Baby Yoga:** Parent/Baby Yoga will help you stretch, strengthen and breathe while bonding with your baby and getting to know other new parents.

**Yoga for Youth:** Through yoga your child will learn self-regulation, have a greater awareness of their body and self, build body strength and practice ways to cope with stress and anxiety that so often pops up in day-to-day life.

**Restorative Yin Yoga:** Yin Yoga is a slow style of yoga that includes floor poses held for 2-4 minutes and allows a deeper

stretching of tissues, improving joint flexibility over time while also allowing the mind to go inwards and focus on bringing breath to all areas of the body.

**Body Sculpt Fusion:** Body Sculpt Fusion is the ultimate total body workout! This innovative strength training program is alternated with various types of cardio.

## MIXED WORKOUTS

**Lunchtime Lift:** Come in for 30 minutes during your lunch break to get some movement into your day!

**6 Pack Abs:** Need some extra help in the mid-section? This class will train the core muscles of the abs, hips, back and pelvis to work in harmony.

**20/20/20:** This class offers three segments of different types of cardio, strength and core-based formats that change each week.

**Body Sculpt & Flexibility:** Enhance your everyday physical performance through strength and flexibility training.

**Agility & Mobility:** This class will improve your agility, balance, mobility, coordination and reaction time, as well as reduce the occurrence of injury and fire up that brain. Let's train like an athlete!

**Pilates Fusion:** This class features a Pilates-based workout fused with barre, yoga and various strength equipment.

**Stretch & Flex:** Increasing flexibility will reduce the risk of injury while doing daily activities by lengthening short restricted muscles and increasing your range of motion.

**Strong Nation:** Burn the max amount of calories while toning your arms, abs, glutes and legs by trying this High-Intensity Interval Training workout!

**Body Sculpt Fusion:** Challenge your muscular and cardiovascular endurance in this fun and effective interval workout! All fitness levels welcome.

*For the seasonal calendar, visit [we-goparks.org/fitnessclasses](http://we-goparks.org/fitnessclasses). Free for Elite Members or register online per class!*

## Personal Training

Get in Shape with Friendly, Professional Guidance

Number of 30 Minute Sessions	Individual (R)	Individual (NR)	Partner (2 Participants)
2 Sessions	\$45	\$54	\$60
6 Sessions	\$130	\$156	\$170
12 Sessions	\$250	\$300	-
24 Sessions	\$480	\$576	-

# OPEN GYM

## PICKLEBALL OPEN PLAY



Pickleball is a paddle sport that combines elements of tennis, badminton and ping-pong. The West Chicago Park District offers open play pickleball Monday, Wednesday, and Sunday in the ARC Center gymnasium, available to students, families, ARC members and community members of various ages and skill levels.



Monday	Wednesday	Sunday
5:30am to 9:00pm	5:30am to 9:00pm	8:00am to 12:00pm

## BASKETBALL OPEN PLAY



The West Chicago Park District offers open play basketball courts every day of the week! Open Gym is unstructured, inclusive activity time where the gymnasium is available to students, families, ARC members and/or community members of various ages and skill levels to play pick-up sports. Individuals participating in Open Gym are required to rotate in and include others in play.

Monday - Thursday	Friday	Saturday / Sunday
5:30am to 9:00pm	5:30am to 7:00pm	7:00am to 7:00pm



## VOLLEYBALL OPEN PLAY



Open Play Volleyball is available Tuesdays and Thursdays in the ARC Center Gymnasium! Open Gym is unstructured, inclusive activity time where the gymnasium is available to students, families, ARC members and/or community members of various ages and skill levels to play pick-up sports.

Tuesday	Thursday
5:30am to 5:30pm for ages 11+	5:30am to 5:30pm for ages 11+
6:00pm to 9:00pm for ages 18+	6:00pm to 9:00pm for ages 18+



*Times, dates and sports are subject to change. Please sign up for Rainout Line for the most up-to-date information.*



# The Fun Starts Here



## Community-Based Recreational Programs and Inclusion Services For Park District Programs

### WDSRA RECREATIONAL & SOCIAL PROGRAMS: IN-PERSON & VIRTUAL

WDSRA provides fun, engaging recreational and social programs, trips, and special events for children, teens, and adults with special needs. Programs are structured to allow everyone to participate at their own ability level. Through WDSRA each individual has the opportunity to grow personally, connect with their community and discover their potential.

- Sports
- Special Olympics
- Music and Dance
- Art and Drama
- Bowling
- Social Clubs
- Special Events
- Adaptive Sports
- Overnight Outings
- Weeklong Trips
- And much more!

### INCLUSION SERVICES

Inclusion Services are designed to provide the least restrictive environment while providing the maximum opportunity to participate in regular park programs. There is no charge for WDSRA support. To register for services, simply indicate that special accommodations are needed on the park district registration form. Two-week advance notice is requested for inclusion support.



### BE A PART OF THE FUN!

We are looking for people who are optimistic and enthusiastic.

Flexibility. Training. Choice.



For details visit [www.wdsra.com](http://www.wdsra.com) - Join Our Team.

# PAVILION, GYM & FIELD RENTALS



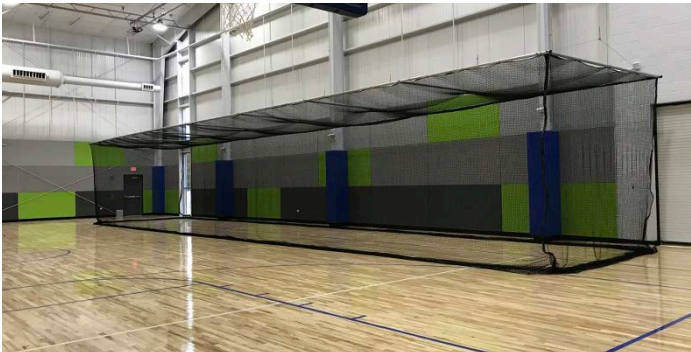
## Gym & Field Rentals

The West Chicago Park District's amenities are the best in the area. Book a field, batting cage or court for practice, games, tournaments or just to play. Gym & Field Rentals can be requested via email at [bnelson@we-goparks.org](mailto:bnelson@we-goparks.org).

### Gym and Batting Cage Rentals

Location	Hourly Fee	Sports Available
ARC Center	\$60R/\$72NR	Soccer, Basketball, Volleyball, Pickleball
ZONE250	\$60R/\$72NR	Soccer, Basketball, Volleyball, Cricket
ZONE250 Batting Cage	\$60R/\$72NR	Baseball, Softball

\*A one-time security deposit of \$75 will be due at the time of booking for all rentals at ZONE250.



## Field Rentals

### Baseball/Softball at Pioneer Park and Reed-Kepler Park

Field Type	Available	Hourly Fee
Practice Field	April 1	\$25R/\$30NR
Game Field	April 1	\$35R/\$45NR

### Soccer at Cornerstone Lakes Park

Field Type	Available	Fee Per Field
Practice Field	April 15	\$50 per game
Game Field	April 15	\$50 per game

Additional rentals are available at the MAC Gym and Kress Creek Farms Park.

For a full list of Gym & Field Rental opportunities, visit our website at [we-goparks.org/courtrentals](http://we-goparks.org/courtrentals).

## Pavilion Rentals

The West Chicago Park District has 10 pavilions available from May 1 through August 31 in multiple parks across West Chicago. Rentals start at 9:00am and end at dusk.



For a full list of Pavilion Rental opportunities, rental fees, and to book, visit our website at [we-goparks.org/pavilion-rentals](http://we-goparks.org/pavilion-rentals). Pavilion rentals for 2024 are available starting January 1.



## CORPORATE RENTALS

Interested in staff outings? Want to have a team-building activity to boost morale? We can help! Corporate workshops, team planning sessions and club meetings enjoy the ARC for its state-of-the-art audiovisual equipment, flexible room arrangements and optional kitchen access.

For more information about corporate rentals, reach out to Melissa Medeiros, at [mmedeiros@we-goparks.org](mailto:mmedeiros@we-goparks.org).

# EVENT RENTALS

## Event Rentals

The ARC Center is the perfect venue to host your next meeting, shower, party, wedding or gathering. Our attractive and spacious facility is conveniently located and features AV capability and a catering kitchen at a reasonable price. Allow us to take the stress out of hosting your next party or event!



Maple (Room 105)



Oak (Room 106)



Willow (Room 107)

Available Rental Times	Times	After Hours
Monday-Thursday	5:30am-9:00pm	9:00pm-12:00am
Friday	5:30am-7:00pm	7:00pm-12:00am
Saturday & Sunday	7:00am-7:00pm	7:00pm-12:00am

### Deposit (all rentals)

\$150

Rental Fees (per hour for full hours)	Peak (Saturday & Sunday)		Non-Peak (Monday-Friday)	
	Resident	Non-Resident	Resident	Non-Resident
Maple (Room 105)	\$70	\$84	\$50	\$60
Oak (Room 106)	\$120	\$144	\$100	\$120
Maple/Oak Combo (Rooms 105+106)	\$150	\$180	\$130	\$156
Willow (Room 107)	\$100	\$120	\$80	\$96

After Hours Fee  
(Any rental after 9pm Monday-Thursday  
or after 7pm Friday-Sunday)

\$70/hr + rental fees

Optional Rental Fees	Fee
Catering Kitchen Access (for duration of rental)	\$20/hour
Wireless Microphone (Oak or Maple/Oak Combo Only)	\$75 deposit
Alcohol Administrative Fee (rentals with alcohol only)	\$30/rental
TreeTop Escape Wristbands (up to 25, during Open Play, non-refundable)	\$9/wristband
TreeTop Escape After Hours Private Rental (up to 80 people, in conjunction with room rental at the same time)	\$125/hour

For more information or to view Rental Guidelines, please visit: [we-goparks.org/room-rentals](http://we-goparks.org/room-rentals). All event room rental fees are per hour and rented in full hour increments. Rates and policies are subject to change.

# BIRTHDAY PARTY PACKAGES



Available Year-Round  
Saturdays and Sundays  
9:30am-11:30am, 12:00pm-2:00pm,  
2:30pm-4:30pm, 5:00pm-7:00pm

**Package Includes:**

- Admission for 20 Guests (Ages 1-14)
- 2-Hour Birthday Party with Party Room
- 24 Cupcakes, Plates, Plasticware, Napkins, Cups

**Food Options:** Outside food and beverage are allowed. Optional pizza and drinks are available for order.

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**\$215** for residents  
\$260 for non-residents



See you during Summer 2023!

**HAVE YOUR BASH AT  
TURTLE SPLASH!**

**Package Includes:**

- Admission for 24 Guests (no max. limit)
- 1.5 hours of Splastastic Fun
- 24 Cupcakes
- Clean-up

**Food Options:** No outside food, but we cater exclusively with Rocco Vino's!

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**\$290** for residents  
\$348 for non-residents



Available May 1-June 11  
After June 11, enjoy Toucan's Hideaway and Splash Pad by booking your party at Turtle Splash Water Park!

**Package Includes:**

- Admission for up to 50 Guests
- 2-Hour Private Reservation
- Canopy Seating (2 Canopies w/ 8 Tables)

**Food Options:** Outside food and beverages are allowed.

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**\$140** for residents  
\$168 for non-residents

**NERF PARTY**

Available Year-Round on Saturdays and Sundays

**Package Includes:**

- 12 Guests (Ages 1-14)
- 90-minute party with host

**\$150** for residents  
\$175 for non-residents

**Food Options:** Outside food and beverages are allowed. Optional pizza and drinks are available for order.

**ATHLETICS PARTY**

Available Year-Round on Saturdays and Sundays

**Package Includes:**

- 12 Guests (Ages 1-14)
- 90-minute party with host

**\$150** for residents  
\$175 for non-residents

**Food Options:** Outside food and beverages are allowed. Optional pizza and drinks are available for order.

Hours and availability are subject to change; please refer to our website for the most up-to-date information.  
Please see our website or visit the ARC Center to complete your birthday party request form!



**Local ownership. Local leadership.**

Get connected with us online at [rbankchicago.com/omarespinosa](http://rbankchicago.com/omarespinosa) or visit us in person in West Chicago at

101 Main Street | 630-231-5100  
105 E Roosevelt Rd | 630-231-8317