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    [we-goparks.org](https://www.we-goparks.org) | 630.231.9474

WEST CHICAGO PARK DISTRICT

PROGRAM GUIDE

WINTER 2023

2 North Pole Adventure

Join Santa and journey to the "North Pole" aboard West Chicago's own holiday train.

5 Fitness Memberships

Start your New Year's Resolution early with our membership options!

19 Room & Event Rentals

Let us help you with your next meeting, party, wedding or gathering!

Resident Registration Open Now
Non-Resident Registration Open Nov. 1



SPECIAL EVENTS

3 EASY WAYS TO REGISTER

Online - at we-goparks.org.

In Person - at the ARC Center, 201 W. National St. in West Chicago.

By Mail - mail your registration form and payment by check to the ARC Center.

REGISTRATION INFORMATION

Winter 2023 Season

Resident registration open now.

Non-resident registration begins November 1, 2023.

Questions? Call Our Customer Service Team at 630.231.9474.

VISIT US

ARC Center
201 W. National Street
West Chicago, IL 60185

Hours M-Th 5:30am - 9:00pm | F 5:30am - 7:00pm | Sa & Su 7:00am - 7:00pm

Holiday Hours - Closed on New Year's Day, Easter, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day. Closed at 1:00pm on Christmas Eve and New Year's Eve.

Disclaimer: The West Chicago Park District strives to provide you with the most updated program brochure information. However, due to the large amount of information printed in this brochure, errors may occur. We apologize for any inconvenience that this may cause and when necessary staff will advise you of changes as quickly as possible. Please visit we-goparks.org for the most up-to-date info.

North Pole Adventure

December 9th AND 10th



Riders will enjoy a journey to the "North Pole" aboard West Chicago's own holiday train to pick up Santa! The ride will be filled with music, stories, snacks and surprises! All participants must be registered, so sign up early to save your spot! (SW)

1:15pm and 5:15pm **\$22R/\$26NR**

Located at the West Chicago Train Station.



Stay Updated With Rainout Line

Optional alerts via E-mail Text or Call 630.225.7876

SPECIAL EVENTS



SLICES WITH SANTA

Santa's joining us for a pizza party and we want you to be there! This drop-in event includes pizza, crafts and a visit with the jolly guy himself, Santa. Both adults and children must be registered. Located at the ARC Center. (SW)

\$10R / \$12NR
(Before Nov. 30)
\$12R / \$14NR
(Beginning Nov. 30)

December 15th
6:00pm - 7:30pm
Register Early And Save!

WeGo Wanderers

Days Off School Club is introducing WeGo Wanderers for middle schoolers in grades 6-8! Wanderers will take the Metra train to downtown Chicago, sight-see, ice skate and have lunch at Gino's East before coming home. Fee includes train ticket, skating and lunch. Please meet at the West Chicago Train Station.

Registration deadline: December 29, 2023. (SW)



Friday, January 5
8:30am - 4:00pm
\$50R/\$55NR

Dear **Business Owners**: Want to have a presence at these events? For sponsorship and advertising information, visit we-goparks.org/sponsorships-opportunities.

SPECIAL EVENTS

NEW YEAR'S FITNESS OPEN HOUSE



Saturday, January 13, 9AM-12PM **RAFFLES** Swag items, fitness gear and even a 1-Year Classic Fitness Membership!

Kickoff Free **FITNESS WEEK** January 8-13, 2024

Come try one or all of our fitness classes for FREE. Let us kickstart your New Year's Resolution, **\$40 OFF 12-MONTH MEMBERSHIPS** during this week only!*

FREE ACCESS TO Fitness Center, Fitness Classes & Open Gym

*Must pay in full in-person at time of registration. New members only.

TIME WARP TRIVIA



Friday, February 16 | 6:00pm-9:00pm
Adults Only (21+) | Located at the ARC Center

This is your invitation to a rad night out with your friends or Valentine! This bodacious event will throw you into a night of trivia and fun. Pull out your acid-washed jeans and dress to impress for a best-dressed contest. Each table will battle for the coveted Time Warp Trivia trophy and the right to be the Radest Table. A buffet dinner of Italian Beef, fried chicken, garden salad, and mostaccioli will be served. Cash bar is available.

\$45R/\$54NR

Register by February 7

Need childcare? No problem! Free childcare and pizza for the evening is included with your registration for children within your household (ages 3-13). Children must be pre-registered in order to attend. (SW)

WeGo VIP (VOLUNTEERS IN PARKS)
LEARN HOW YOU CAN MAKE A DIFFERENCE!



Learn more at we-goparks.org!

FITNESS MEMBERSHIPS



FITNESS YOUR WAY

Membership Options	Elite \$40R/\$50NR Monthly	Classic \$20R/\$25NR Monthly	Track \$5R/\$6NR Monthly
Indoor Track	✓	✓	✓
Open Gym Courts	✓	✓	
Fitness Center	✓	✓	
ARC Locker Room Usage	✓	✓	
Unlimited Fitness Classes	✓		
Season Pass to Turtle Splash Water Park	✓		
Childcare	✓		

With an ELITE MEMBERSHIP, parents can drop off their children for childcare for FREE!*

**Must stay on-site. See page 13 for more information.*

NO
ENROLLMENT
FEE

NO
CONTRACTS

NO
CANCELLATION
FEE



Hours of Operation

Mon - Thurs 5:30am - 9:00pm
 Fri 5:30am - 7:00pm
 Sat - Sun 7:00am - 7:00pm

ARC Center

201 W. National Street
 West Chicago, IL 60185
 630.231.9474



FITNESS CLASSES



STRENGTH TRAINING

Strength Training \$8R/\$10NR per class

Join us for a fast-paced, high energy strength training class. In this easy-to-follow and fun workout, all the major muscle groups will be targeted as we move through blocks or combinations of exercises for all levels of fitness. (MM)

YOGA

Classic Yoga \$8R/\$10NR per class

Join us for an exercise that is certain to change your way of thinking about "working out." Yoga is an exercise for both the young and old. (MM)

Yoga \$8R/\$10NR per class

There are many benefits to be gained from a regular yoga practice. Join our RYT for a yoga class that will help strengthen and tone your body while increasing flexibility. This class is suitable for beginners, as well as seasoned Yogis. (MM)



Parent/Baby Yoga \$8R/\$10NR per class

Parent/Baby Yoga will help you stretch, strengthen and breathe while bonding with your baby and getting to know other parents. (MM)

Yoga for Youth \$8R/\$10NR per class

Through yoga your child will learn self-regulation, have a greater awareness of their body and self, build body strength and practice ways to cope with stress and anxiety that so often pups up in day-to-day life. (MM)

Intro to Yoga & Meditation Workshop \$8R/\$10NR per class **NEW**

Did you know that practicing Yoga has many of the similar benefits of meditation practice? This class will focus on the several types of Yoga. We will do some traditional, easy poses designed to help gain balance, strengthen the body and relax the mind. We will also do a short, easy-to-follow guided meditation showing you the similarities between the two. (MM)

Chair Stretch/Gentle Yoga \$8R/\$10NR per class

Join one of our Yoga instructors for some morning movement, stretching and gentle yoga that will improve your energy while encouraging flexibility and strength. (MM)



PILATES

Pilates \$8R/\$10NR per class

This class will help balance your body, improve circulation, reduce stress and improve overall endurance. Pilates will help tone and realign your body. This class is a combination of beginning and intermediate levels of Pilates. (MM)

DANCE FITNESS

Dance Fitness \$8R/\$10NR per class

Join us for a low impact, fun cardio class featuring dance routines incorporating the entire body. This exercise will help you improve your cardiovascular endurance as well as create increased range-of-motion, flexibility and muscle definition. (MM)

Zumba \$8R/\$10NR per class

Ditch the Workout, Join the Party! Are you ready to party yourself into shape? Forget the workout, just lose yourself in the music and find yourself in shape at the original dance-fitness party. (MM)

FITNESS CLASSES & PERSONAL TRAINING

MIXED WORKOUTS

Chaos with Kiki \$8R/\$10NR per class

Welcome to the chaos! Why chaos? Because you never know what the class will be that day. It will be up to Kiki. Will you be doing upper body, cardio, core, lower body, or agility...? Who knows! This is guaranteed for sure: you will leave each 30-minute class feeling great! (MM)

6 Pack Abs \$8R/\$10NR per class

Need some extra help in the mid-section? This class will train the core muscles of the abs, hips, back and pelvis to work in harmony. Just about every motion made by the human body is initiated in the core. (MM)

20/20/20 \$8R/\$10NR per class

This class offers three segments of different types of cardio, strength and core-based formats that can change every week. Each segment will be approximately 20 minutes long. If you are somebody that likes variety, then you will love the spontaneity of this class. (MM)

Tai Chi \$8R/\$10NR per class

Tai-Chi provides a beneficial impact on health through moving meditation. The exercises are easy to do, have low aerobic impact and are done slowly with natural body alignment, movement and breathing. Join us if you need a low impact aerobics routine. (MM)

Body Sculpt & Flexibility \$8R/\$10NR per class

Enhance your everyday physical performance through strength and flexibility training. This class will challenge your muscles each week by using a wide variety of exercises and equipment to keep your muscles guessing. (MM)

Stretch & Flex \$8R/\$10NR per class

Being flexible is a key part of physical health. Increasing flexibility will reduce the risk of injury while doing daily activities by lengthening short, restricted muscles and increasing your range of motion. (MM)

Agility & Mobility \$8R/\$10NR per class

This class will improve your agility, balance, mobility, coordination, and reaction time, as well as reduce the occurrence of injury and fire up that brain. Let's train like an athlete! (MM)

Body Sculpt Fusion \$8R/\$10NR per class

Body Sculpt Fusion is the ultimate total body workout! This innovative strength training program is alternated with various types of cardio. You will challenge your muscular and cardiovascular endurance in this fun and effective interval workout! All fitness levels welcome. (MM)

Pilates Fusion \$8R/\$10NR per class

This class features a Pilates-based workout fused with Barre, Yoga and various strength equipment for the perfect mix of core strength, flexibility and toning! Exercises can be modified to meet individual needs. (MM)

Work it Wednesday \$8R/\$10NR per class **NEW**

This one-hour class will focus on strength and endurance. Class will encompass weighted and body weight exercises to gain muscle mass and achieve cardiovascular endurance. We will target all muscle groups by engaging in dynamic and isometric movements. (MM)

Tuesday Trivia with Kiki \$8R/\$10NR per class

NEW

Do you have a lot of random facts floating around your head? Do you also like to exercise? Then we have the class for you! Bring a friend or several to compete against other teams in a trivia contest. To answer the questions, you will complete an exercise (that's where the movement comes in). Come ready to answer some random trivia, have fun and move your body! (MM)

SIGN UP TODAY!

All fitness classes are included in the Elite Membership or can be taken independently at regular rates. For a full list of classes and dates/times, visit we-goparks.org/fitnessclasses.



LEARN MORE



Personal Training

Get in Shape with Friendly, Professional Guidance

Number of 30 Minute Sessions	Individual (R)	Individual (NR)	Partner (2 Participants)
2 Sessions	\$45	\$54	\$60
6 Sessions	\$130	\$156	\$170
12 Sessions	\$250	\$300	-
24 Sessions	\$480	\$576	-

YOUTH PROGRAMS

Babysitting Basics

A must for beginning babysitters! Safety, child-tending skills and basic first aid are covered. A workbook is also given to take home. Receive a certificate upon completion of class. Participants should bring a doll to class. Located at the ARC Center. **Registration deadline: 1 week in advance.** (PS)

CODE	DATE	DAY	TIME	R/NR
416300_01	12/16	Sa	9:00am-12:00pm	\$35/\$42
416300_02	1/20	Sa	9:00am-12:00pm	\$35/\$42
416300_03	2/17	Sa	9:00am-12:00pm	\$35/\$42

Magic 101

Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading and more. All materials are provided, and each participant receives a magic kit to take home. Class will be held at Bartlett Community Center. **Registration deadline: Jan. 22.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
416018_01	1/29	M	5:00-5:55pm	5-12	\$26/\$31

AbraKadoodle Art **NEW**

Pets and Puppies: Hop, pounce or bark your way into the unique, vibrant creations of Pets and Puppies! Our developing artists will explore projects inspired by innovative artists and pets. These colorful pets will soar into your hearts and homes as you have a PET-tastic time experimenting with painting, collage, sculptural art and more! Located at the ARC Center. **Registration deadline: Jan. 3.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
416400_01	1/10-2/14	W	9:00-10:00am	2 w/ parent	\$125/\$149
416400_02	1/10-2/14	W	10:30-11:30am	3-5	\$125/\$149

European Masters: Learn from great artists who found new ways to use art materials and see the world around them. The greatest European Masters will inspire you to make art about your world and have fun exploring new ideas! **Registration deadline: Jan 3.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
416400_03	1/10-2/14	W	4:30-5:30pm	6-11	\$125/\$149

WeGo Workshop

Engage your STEAM skills and showcase your imagination as you create fun projects! Every month there will be something exciting and new to make and take. Located at the ARC Center. **Registration deadline: 48 hours in advance.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
416200_01	12/16	Sa	10:00-11:30am	5-12	\$12/\$14
416200_02	1/13	Sa	10:00-11:30am	5-12	\$12/\$14
416200_03	2/10	Sa	10:00-11:30am	5-12	\$12/\$14

Parent's Night Out

Parents, drop the kids off and enjoy a night out! Kids will enjoy a pizza dinner and participate in games, crafts and staff supervised free-play in the TreeTop Escape and gym while you relax. Located at the ARC Center. **Registration deadline: 48 hours in advance.** (PS)

CODE	DATE	DAY	TIME	AGES	R/NR
416020_01	12/8	F	6:00-9:00pm	3-11	\$12/\$14
416020_02	1/12	F	6:00-9:00pm	3-11	\$12/\$14
416020_03	2/16	F	6:00-9:00pm	3-11	\$12/\$14

Rock 'n Kids

We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. Activities are age appropriate by class and include rhythm and coordination; fine and gross motor skills; imagination; and listening and following directions skills. Located at the Bartlett Community Center or Fountain View Recreation Center. (PS)

Tot Rock (Ages: 1 with parent)

CODE	DATE	DAY	TIME	R/NR
416114_01	1/11-2/8	Th	9:15-9:55am	\$66/\$79
416114_02	1/13-2/10	Sa	9:15-9:55am	\$66/\$79
416114_03	2/22-3/21	Th	9:15-9:55am	\$66/\$79
416114_04	2/24-3/23	Sa	9:15-9:55am	\$66/\$79

Kid Rock I (Ages: 2-3 with parent)

CODE	DATE	DAY	TIME	R/NR
416115_01	1/11-2/8	Th	10:00-10:40am	\$66/\$79
416115_02	1/13-2/10	Sa	10:00-10:40am	\$66/\$79
416115_03	2/22-3/21	Th	10:00-10:40am	\$66/\$79
416115_04	2/24-3/23	Sa	10:00-10:40am	\$66/\$79

Kid Rock II (Ages: 3-5 without parent)

CODE	DATE	DAY	TIME	R/NR
416116_01	1/11-2/8	Th	10:45-11:25am	\$66/\$79
416116_02	1/13-2/10	Sa	10:45-11:25am	\$66/\$79
416116_03	2/22-3/21	Th	10:45-11:25am	\$66/\$79
416116_04	2/24-3/23	Sa	10:45-11:25am	\$66/\$79

Gymnastics

Gymnastics classes are held through a joint program with the Carol Stream Park District at Simkus Recreation Center. We offer Ninja Classes, Cheernastics, Leveled Gymnastics and more available for ages 1-14. Check our website for new sessions beginning in January! (PS)



YOUTH PROGRAMS

DANCE



Discover Dance Tots

Watch your child's independence and confidence soar as they explore and discover the benefits of a more structured dance class. Live singing, musical play and sensory props will have little ones moving and grooving with their friends and eager to return to class each week! 2-year-olds are strongly encouraged to have previous experience in Discover Dance with Me prior to joining DDT. For ages 2-3. Located at the ARC Center. **Registration deadline: Jan. 3.** (PS)

CODE	DATE	DAY	TIME	R/NR
407016_01	1/10-3/13	W	3:40-4:10pm	\$69/\$83



Ballet/Tap

Ballet/Tap Combo is the most popular combo for dancers. Classes include stretches, barre work, class etiquette, games and learning choreography in both ballet and tap. The Park Studio program is for dancers of all ages and experience levels who are looking for a progressive session and a final Spring Production: BRR, a show about friendship! Tentatively on Wednesday, June 5, 2024. Production fees are included! There is no class on March 20th and 27th. Located at the ARC Center. **Registration deadline: Jan. 3.** (PS)

Ballet/Tap A (for ages 3-6)

CODE	DATE	DAY	TIME	R/NR
407031_01	1/10-5/22	W	4:20-5:05pm	\$356/\$427

Ballet/Tap B (for ages 5-7)

CODE	DATE	DAY	TIME	R/NR
407031_02	1/10-5/22	W	5:15-6:15pm	\$412/\$494

Ballet/Tap I (for ages 7-9)

CODE	DATE	DAY	TIME	R/NR
407031_03	1/10-5/22	W	6:25-7:25pm	\$412/\$494

Winter Dance Parties & Workshops

Dance Parties are one-day sessions of dance technique, movement games, crafts, a mini-performance and much more! Participants of all levels are encouraged to get involved through these camp-style classes that are designed to help participants fill their evening with fun, educational and movement-oriented programming. Located at the ARC Center. (PS)

Sugar Plum Tea Party

Dress up in your best ballet attire and join Ms. Lora and the MPD Dance Company for a morning of Nutcracker fun. Our day will start with a fun craft and reading the story of the Nutcracker followed by a dance class full of ballet technique, movement games and choreography to the music of the Nutcracker. At the end of our event we will enjoy delicious treats and tea with the Sugar Plum Fairy herself! **Registration deadline: Dec. 2.** (PS)

CODE	DATE	DAY	TIME	R/NR
407102_01	12/9	F	4:30-6:30pm	\$65/\$70

Pretty in Pink Dance Party

Hi Barbie! This super fun, totally rad, giant blowout party will be the talk of all of Barbieland! Jazz dance technique, movement games, crafts and choreography included.

Registration deadline: Feb. 17. (PS)

CODE	DATE	DAY	TIME	R/NR
407102_02	2/24	Sa	10:00-11:30am	\$29/\$35



YOUTH PROGRAMS

MARTIAL ARTS



Beginner Karate

Participants will learn twelve different kicks, twenty-three different blocks, breakaways and twelve types of strike techniques with an emphasis on flow, power, technique and transition. Group dynamics will be practiced while working with other students on their techniques. Participants will have the opportunity to earn colored-belt ranks at the end of each session. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
404600_01	1/8-2/26	M	7:00-8:00pm	6+	\$64/\$77
404600_02	1/3-2/28	W	7:00-8:00pm	6+	\$64/\$77
404600_03	1/3-2/28	MW	7:00-8:00pm	6+	\$90/\$108

More sessions online. Intermediate/Advanced Karate also available. For more information, visit we-goparks.org/martialarts.

Dragon Tots

Participants will learn basic techniques utilizing balance, timing and repetition. Students will learn break-away techniques from attackers, dealing with bullies and how to respond to strangers. Participants will have the opportunity to earn colored-belt ranks at the end of each session. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
404603_01	1/3-2/28	W	6:15pm-7:00pm	3-6	\$64/\$77



Tai-Chi Chuan

Tai-Chi provides a beneficial impact on health through moving meditation. The exercises are easy to do, have low aerobic impact and are done slowly with natural body alignment, movement and breathing. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	AGES	R/NR
404605_01	1/4-2/29	Th	7:15-8:15pm	16+	\$64/\$77



Ju JitSu

Ju JitSu focuses on building the individual and staying calm in dangerous or threatening situations. Techniques taught are joint locks, types of throws, breakaways, escapes, counters and groundwork. For ages 5+ with previous Judo class experience or 11+ for new students. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	R/NR
404607_01	1/4-2/29	Th	6:00-7:00pm	\$64/\$77

Judo

Judo does not use striking techniques of any kind. It's a sport based on another person's aggressive moves. Judo is two individuals who, by gripping uniforms, use the forces of balances, power, timing and physics to subdue their opponents and it involves techniques of throwing, grappling and submission holds. Located at the ARC Center. (BN)

CODE	DATE	DAY	TIME	R/NR
404609_01	1/4-2/29	Th	6:00-7:00pm	\$64/\$77

More sessions are available! Visit our website for more information at we-goparks.org/martialarts.

YOUTH PROGRAMS

YOUTH ATHLETICS



Youth Basketball League

In this co-ed league, participants will learn the basics of Basketball. Practices and games are each held once per week at the ARC Center and/or ZONE250. Actual game and practice times are scheduled once teams are formed. Fees include team shirt. Requests for teams, players, coaches and practice days are accepted but not guaranteed. **Registration deadline: Dec. 11.** (BN)

CODE	DATE	DAY	GRADE	R/NR
404300_01	12/18-2/24	TBD	Pre-K & Kinder	\$105/\$125
404300_02	12/18-2/24	TBD	1st & 2nd	\$105/\$125
404300_03	12/18-2/24	TBD	3rd & 4th	\$105/\$125



"Let the Work Show" Basketball Skills Training

In this 5-week program, players will improve fundamental Basketball skills. Each week will focus on one of the five key skills (dribbling, finishing, passing, shooting, and defense), with participants leaving with increased self-esteem and a better understanding of the game. Classes are taught by TS Basketball Skills Training instructors. Located at the ARC Center. (BN)

Session 1

CODE	DATE	DAY	TIME	AGES	R/NR
404550_01	1/8-2/5	M	5:30-6:15pm	6-11	\$95/\$115
404550_02	1/8-2/5	M	6:25-7:15pm	8-14	\$95/\$115

Session 2

CODE	DATE	DAY	TIME	AGES	R/NR
404550_03	2/12-3/11	M	5:30-6:15pm	6-11	\$95/\$115
404550_04	2/12-3/11	M	6:25-7:15pm	8-14	\$95/\$115

VOLUNTEER COACHES NEEDED!



Interested in coaching?
Contact Ben Nelson,
Recreation Manager, at
bnelson@we-goparks.org
or 630-231-9474 x104
for more information.



EARLY CHILDHOOD & SCHOOL AGE



Kepler Preschool

The West Chicago Park District's Kepler Preschool focuses on the developmental needs of children from three to five years old. Kepler Preschool is designed to give children the tools and experiences necessary to assure a positive transition to Kindergarten. Our program offers a warm, nurturing and friendly environment where children can explore, create and flourish. Socialization skills and independence are developed through a variety of daily skills and exercises. Kepler Preschool is held at Zone250 (250 W. National Street). (PS)



Register online at we-goparks.org/early-childhood.

The 3 Day program runs Sept. 6 2023 - May 24, 2024.
The 2 Day program runs Sept. 5 2023 - May 23, 2024.

TYPE	DAY	TIME	AGES	R/NR*
3 Day In-Person	M, W, F	9:00-11:30am	4-5	\$195/\$234 (mo)
2 Day In-Person	Tu, Th	9:00-11:30am	3-4	\$135/\$162 (mo)

*+\$75 non-refundable deposit

Off 2 School

Off 2 School focuses on Preschool readiness skills such as walking in a line, taking turns, following directions, sharing, circle time and participating in clean-up time. Emphasis is placed on socialization skills as well as building self-confidence. Students do not need to be potty trained, but parents must be available to come back to the ARC Center in case of an accident. Located at the ARC Center. (PS)

Session

	DATE	DAY	TIME	AGES	R/NR
1	11/7-1/18	Tu, Th	9:00-11:00am	2-3	\$260/\$335
2	1/23-3/21	Tu, Th	9:00-11:00am	2-3	\$260/\$335
3	4/2-5/23	Tu, Th	9:00-11:00am	2-3	\$260/\$335

Before & After School

The Before and After School Program strives to encourage children in Kindergarten through 5th Grade to laugh, learn, make friends and be active every day! Located at Norton Creek Elementary School in D303 and the ARC Center for all D33 Elementary Schools. (PS)

D303	DAY	TIME	R/NR
Before School	M-F	6:30-8:00am	\$8/day
After School	M-F	3:00-6:00pm	\$14/day
D33	DAY	TIME	R/NR
Before School	M-F	6:30-8:15am	\$8/day
After School	M-F	3:30-6:00pm	\$235/mo*

*Must register for entire month.

Days Off School Club

Days Off School Club offers special events and theme days including sports, arts and crafts, group games and more for students in Kindergarten to 8th grade in all school districts! Children are responsible for bringing a sack lunch, drink, and afternoon snack daily. The program is held at ARC Center. (PS)

Winter Dates

November: 11/17, 11/20, 11/21, 11/22

December Winter Break: 12/26-12/29, 1/2-1/5

REGULAR HOURS	R/NR
9:00am-4:00pm	\$40/\$52
EXTENDED HOURS	R/NR
(AM) 7:00-9:00am	\$8/\$10
(PM) 4:00-6:00pm	\$8/\$10

WeGo Wanderers

Grades 6-8 get to explore Chicago on
Friday, January 5 | 8:30am-4:00pm
\$50R/\$55NR

For more information, visit Page 3.

TREETOP ESCAPE



LET YOUR SENSES GO WILD!

The jungle-themed, indoor playground, TreeTop Escape, is available year-round and designed for children ages 4-12. With slides, climbing features and interactive sights and sounds, your child will have a blast! TreeTop Escape is located inside the ARC Center at 201 W. National Street, West Chicago, IL 60185.

Open Play

Come with your child during open hours for indoor playground access. One free adult per paying child. Admission can only be purchased onsite. For ages 1-12. (PS)

DAY	TIME	DAILY RATE
M-Th	12:00pm-3:00pm, 7:30pm-9:00pm	\$10
F	12:00pm-6:00pm	\$10
Sa	8:00am-5:00pm	\$10
Su	8:00am-5:00pm	\$10

ARC Fitness Childcare

Children are supervised by staff in TreeTop Escape at the ARC Center. Parents must stay on-site. Free for Elite Members or pay per visit. **Registration is required for infants who are 3 months to 1 year old.** (PS)

DAY	TIME	AGES	R/NR
M-F	8:30-11:30am	3mo-11yr	\$5/\$7
M-Th	4:30-7:00pm	3mo-11yr	\$5/\$7

BIRTHDAY PARTIES!

Available Year-Round On Saturdays and Sundays
 9:30am-11:30am, 12:00pm-2:00pm
 2:30pm-4:30pm, or 5:00pm-7:00pm

Package Includes:

- Admission for 20 Guests (Ages 1-14)
- 2-Hour Birthday Party with Party Room and TreeTop Escape for Duration of Party
- 24 Cupcakes, Plates, Plasticware, Napkins and Cups

\$215 for residents
 \$260 for non-residents

Food Options

Outside food and beverage are allowed. Optional food (pizza) and drinks (soda, lemonade, water bottles) are available for order.

Childcare and open play hours are subject to change.
 Please visit Rainout Line at we-goparks.org for updated hours of operation.

ADULT PROGRAMS

DAY TRIPS

All day trips are in cooperation with the Warrenville and Winfield Park Districts and may depart from Warrenville, West Chicago or Winfield Park Districts. Departure locations will be emailed 1-week prior to the trip date. After the registration deadline, trip registrations can be refunded only if a spot can be filled by a participant on the waitlist. Youth under the age of 18 must be accompanied by a paying adult.

White Fence Farms – Sweet Reminders of Christmas

The magic of the holiday season comes alive as Sweet Reminder celebrates “the most wonderful time of the year” in their signature playful style! Beautiful vocals, interesting song facts, quirky props, a healthy dose of humor and a bit of audience participation make Sweet Reminders of Christmas a fun stop on your holiday good-time to-do list! Trip includes transportation, four pieces of the famous White Fence Farm chicken with all the fixin’s: homemade corn fritters, baked potato, cottage cheese, kidney bean salad, coleslaw, pickled beets, coffee, tea or soft drink beverage, tax, gratuity and the show! **Registration deadline: Nov. 24 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411205_01	12/8	F	10:00am-3:30pm	18+	\$61

Gurnee Mills Mall

After Holiday Sales are a must! Join us for a trip to Gurnee Mills Mall, the largest outlet and full-price shopping destination in Illinois. Gurnee Mills provides the ultimate indoor shopping experience with nearly 200 stores including Macys, Forever 21, Kohl’s, Dick’s Sporting Goods, 2nd & Charles, Hobby Lobby, The RoomPlace, Floor & Decor and Bass Pro Shops Outdoor World. Shoppers can dine at great restaurants including Rainforest Cafe, Buffalo Wild Wings and Lola’s Tacos & Tequila, catch a movie at Gurnee Marcus Cinema, or take a spin on the ice at Top Shelf Ice Arena. The trip includes transportation to Gurnee Mills Mall. Participants will shop and dine on their own. **Registration deadline: Dec. 22 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411205_02	1/5	F	9:00am-3:30pm	18+	\$15



Lizzadro Museum

The Lizzadro Museum displays gemstone treasures, antiques to modern, with a blending of Earth science exhibits. The trip includes transportation and admission to the museum. Lunch is on your own at a nearby restaurant. **Registration deadline: Jan. 3 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411205_03	1/17	W	9:00am-3:00pm	18+	\$20

Aurora Regional Fire Museum

Join us for a trip to the Aurora Regional Fire Museum located in Aurora’s old Central Fire Station for a guided museum tour and a presentation on “The 10 Fires that Shaped History.” Two floors of exhibits chronicle the history of the Aurora Fire Department, fire service in our region and fire safety and prevention. The trip includes transportation and admission to the museum. Lunch is on your own at a nearby restaurant. **Registration deadline: Feb. 14 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411208_01	2/28	W	10:00am-2:30pm	18+	\$17

Billy Elliot

The music of Elton John brings to life the story of Billy Elliot, an 11-year-old English boy who stumbles upon a ballet class during his weekly boxing lesson. His surprise love for dance must be hidden at all costs, especially from his coal miner father. With the help from his sharp-tongued teacher, Mrs. Wilkinson, Billy gets the chance to attend a prestigious ballet school and must decide what is most important: doing what he loves or doing what other people want. Billy Elliot is a coming-of-age story that inspires us all to do what you love no matter what other people think. Trip includes transportation and theater ticket. Lunch is on your own at a nearby restaurant. **Registration deadline: Feb. 2 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411209_01	3/2	S	12:00pm-5:30pm	18+	\$48

ADULT PROGRAMS



Paint & Sip – Pinot’s Palette **NEW**

Join us for an evening of Paint & Sip as Pinot’s Palette brings the studio to us! Painters 21 and over may bring their own bottle of wine with them to enjoy. All painting supplies included. Located at the ARC Center. (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
401412_01	12/14	Th	6:30-8:30pm	14+	\$42
401412_02	1/11	Th	6:30-8:30pm	14+	\$42
401412_03	2/8	Th	6:30-8:30pm	14+	\$42

Healing the Spirit Within One Note at a Time **NEW**

This program integrates music, poetry and art journaling while challenging participants to step out of their comfort zone with different creative processes to heal their soul. Includes a journal, pen, prompt bookmark and a poetry handout that each attendee uses and can take home. Located at the ARC Center. **Registration deadline: Jan. 6 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411002_01	1/20	Sa	9:00-10:00am	18+	\$35



Social Gatherings

Each month we gather at the ARC Center to chat with our friends, enjoy entertainment and, of course, eat. Pre-registration is required for all social gatherings so we can be sure to have enough food for everyone. **Registration deadline: the Friday prior to social date at 12:00pm.** (MM)

Holiday Celebration

Ring in the holidays with us at our Holiday Celebration! Please bring a wrapped gift worth no more than \$5.00 for a little holiday fun! Entertainment will be provided by The Ukulele Moonshiners. Located at the ARC Center. **Registration deadline: Dec. 8 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
311100_03	12/14	Th	12:00-2:00pm	50+	\$15

Luau

Aloha! Winter got you down? Let’s brighten our January the island way—with a luau! Grab your grass skirt and vacation attitude then hula on over to the ARC Center for some Island fun. Located at the ARC Center. **Registration deadline: Jan. 5 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411100_01	1/11	Th	12:00-2:00pm	50+	\$10

Valentine Bingo and Pizza

Join us for pizza, salad and Valentine Bingo! Located at the ARC Center. **Registration deadline: Feb. 2 at 12:00pm.** (MM)

CODE	DATE	DAY	TIME	AGES	R/NR
411100_02	2/8	Th	12:00-2:00pm	50+	\$10

For more information about our socials and day trips, contact Facility Supervisor, Melissa Medeiros, at 630.231.9474 or email mmedeiros@we-goparks.org.

ADULT ATHLETICS

PICKLEBALL



Beginner Pickleball Class

In this introduction to Pickleball class, participants will learn basic skills including safety, grip, serve and return of serve, forehand and backhand shots, court positioning, two-bounce rule and scoring. This class is designed for new and beginner players. Instructor, Ken Harris, is a past National and Senior World Champion. **Registration deadline: 1 week in advance.** (BN)

CODE	DATE	DAY	TIME	R/NR
401015_01	11/28-12/19	Tu	6:30-7:30pm	\$98/\$118

More sessions available online at we-goparks.org.

Intermediate Pickleball Class

In this intermediate Pickleball class, participants will expand the basic game by teaching more advanced shots and developing in-game strategies. Work will be made on shot readiness, awareness, anticipation and moving. This class is designed for intermediate-level players who have a good grasp of the game before registering. Instructor, Ken Harris, is a past National and Senior World Champion. **Registration deadline: 1 week in advance.** (BN)

Session 1

CODE	DATE	DAY	TIME	R/NR
401015_02	11/28-12/19	Tu	7:30-8:30pm	\$98/\$118

More sessions available online at we-goparks.org.

ARC CENTER

NERF PARTY

Available Year-Round on Saturdays and Sundays

Food Options: Outside food and beverages are allowed. Optional pizza and drinks are available for order.

Package Includes:

- 12 Guests (Ages 1-14)
- 90-minute party with host

\$ **150** for residents
\$175 for non-residents

ATHLETICS PARTY

Available Year-Round on Saturdays and Sundays

Food Options: Outside food and beverages are allowed. Optional pizza and drinks are available for order.

Package Includes:

- 12 Guests (Ages 1-14)
- 90-minute party with host

\$ **150** for residents
\$175 for non-residents

Hours and availability are subject to change; please refer to our website for the most up-to-date information.

Please see our website or visit the ARC Center to complete your birthday party request form!

OPEN PLAY



Pickleball

Monday	Wednesday	Sunday
5:30am to 9:00pm	5:30am to 9:00pm	8:00am to 12:00pm

Basketball

Monday - Thursday	Friday	Saturday / Sunday
5:30am to 9:00pm	5:30am to 7:00pm	7:00am to 7:00pm

Volleyball

Tuesday	Thursday
5:30am to 2:00pm	5:30am to 2:00pm

Times, dates and sports are subject to change. Please sign up for Rainout Line for the most up-to-date information.



The Fun Starts Here



Community-Based Recreational Programs and Inclusion Services For Park District Programs

WDSRA RECREATIONAL & SOCIAL PROGRAMS: IN-PERSON & VIRTUAL

WDSRA provides fun, engaging recreational and social programs, trips, and special events for children, teens, and adults with special needs. Programs are structured to allow everyone to participate at their own ability level. Through WDSRA each individual has the opportunity to grow personally, connect with their community and discover their potential.

- Sports
- Special Olympics
- Music and Dance
- Art and Drama
- Bowling
- Social Clubs
- Special Events
- Adaptive Sports
- Overnight Outings
- Weeklong Trips
- And much more!

INCLUSION SERVICES

Inclusion Services are designed to provide the least restrictive environment while providing the maximum opportunity to participate in regular park programs. There is no charge for WDSRA support. To register for services, simply indicate that special accommodations are needed on the park district registration form. Two-week advance notice is requested for inclusion support.



BE A PART OF THE FUN!

We are looking for people who are optimistic and enthusiastic.

Flexibility. Training. Choice.



Western DuPage
Special Recreation Association

For details visit
www.wdsra.com -
Join Our Team.

GYM RENTALS



ARC CENTER  **ARC CENTER**
WEST CHICAGO PARK DISTRICT
201 W. National Street, West Chicago

The West Chicago Park District's amenities are the best in the area. ARC Center rentals includes a 3-court gymnasium and a multipurpose gym.

Come for a tour or check out some of the areas and programs the ARC Center has for you and your family.



Gym Courts



Mac Gym



CORPORATE RENTALS

Interested in staff outings? Want to have a team-building activity to boost morale? We can help! Corporate workshops, team planning sessions and club meetings enjoy the ARC for its state-of-the-art audiovisual equipment, flexible room arrangements and optional kitchen access.

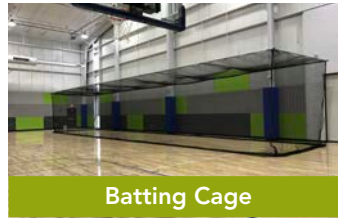
For more information about corporate rentals, reach out to Melissa Medeiros, at mmedeiros@we-goparks.org.



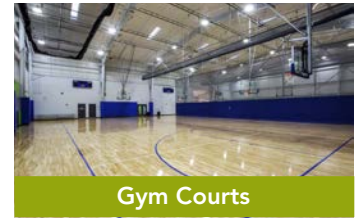
ZONE250 
250 W. National Street, West Chicago

ZONE250 is THE place to develop athletic and performance skills. ZONE250 features over 16,000 square feet of hardwood floors in an air-conditioned facility.

Offers the capability for practices, games, tournaments, skill development, events and a variety of multipurpose activities in a pa-for-play framework. Focus is centered around basketball, volleyball, baseball, softball, soccer, lacrosse and programs. Gym & Field Rentals can be requested via email at bnelson@we-goparks.org.



Batting Cage



Gym Courts

Location	Hourly Fee	Sports Available
ARC Center	\$60R/\$72NR	Soccer, Basketball, Volleyball, Pickleball
ZONE250	\$60R/\$72NR	Soccer, Basketball, Volleyball, Cricket
ZONE250 Batting Cage	\$60R/\$72NR	Baseball, Softball

*A one-time security deposit of \$75 will be due at the time of booking for all rentals at ZONE250.



PAVILION RENTALS

Reservations are available starting on January 1, 2024. Season dates are from May 1 to August 31. Rates: \$60R/\$72NR (9:00am to Dusk).

ROOM & EVENT RENTALS

Room & Event Rentals

The ARC Center is the perfect venue to host your next meeting, shower, party, wedding or gathering. Our attractive and spacious facility is conveniently located and features AV capability and a catering kitchen at a reasonable price. Allow us to take the stress out of hosting your next party or event!



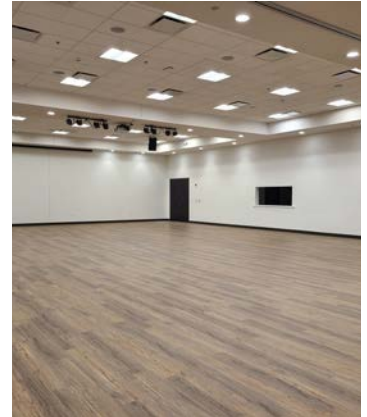
Maple (Room 105)



Oak (Room 106)



Willow (Room 107)



Combo (Rooms 105+106)

Available Rental Times	Times	After Hours
Monday-Thursday	5:30am-9:00pm	9:00pm-12:00am
Friday	5:30am-7:00pm	7:00pm-12:00am
Saturday & Sunday	7:00am-7:00pm	7:00pm-12:00am

Deposit (all rentals)

\$150

Rental Fees (per hour for full hours)	Peak (Saturday & Sunday)		Non-Peak (Monday-Friday)	
	Resident	Non-Resident	Resident	Non-Resident
Maple (Room 105)	\$70	\$84	\$50	\$60
Oak (Room 106)	\$120	\$144	\$100	\$120
Maple/Oak Combo (Rooms 105+106)	\$150	\$180	\$130	\$156
Willow (Room 107)	\$100	\$120	\$80	\$96

After Hours Fee

(Any rental after 9pm Monday-Thursday or after 7pm Friday-Sunday)

\$70/hr + rental fees

Optional Rental Fees (Add-Ons)	Fee
Catering Kitchen Access (for duration of rental)	\$20/hour
Wireless Microphone (Oak or Maple/Oak Combo Only)	\$75 deposit
Alcohol Administrative Fee (rentals with alcohol only)	\$30/rental
TreeTop Escape Wristbands (up to 25, during Open Play, non-refundable)	\$9/wristband
TreeTop Escape After Hours Private Rental (up to 80 people, in conjunction with room rental at the same time)	\$125/hour

For more information or to view Rental Guidelines, please visit: we-goparks.org/room-rentals. All event room rental fees are per hour and rented in full hour increments. Rates and policies are subject to change.



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WEST CHICAGO, IL
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NEW YEAR'S FITNESS OPEN HOUSE

Saturday, Jan. 13 | 9AM-12PM

FREE ACCESS TO

- Fitness Center
- Fitness Classes
- Open Gym

RAFFLES

You could win swag items, fitness gear and even a 1-Year Classic Fitness Membership!

Kickoff Free **FITNESS WEEK** January 8-13, 2024

Come try one or all of our fitness classes for FREE. Let us kick-start your New Year's Resolution, **\$40 OFF 12-MONTH MEMBERSHIPS** during this week only!*



*Must pay in full in-person at time of registration. New members only.

Hours of Operation

Mon - Thurs	5:30am - 9:00pm
Fri	5:30am - 7:00pm
Sat - Sun	7:00am - 7:00pm

ARC Center Fitness

201 W. National Street
West Chicago, IL 60185

Sign up at

we-goparks.org/arc-fitness
or in-person at the ARC Center



LOCAL OWNERSHIP. LOCAL LEADERSHIP.

GET CONNECTED WITH OMAR ESPINOSA IN WEST CHICAGO AT

101 Main Street | 630.231.5100
105 E Roosevelt Rd | 630.231.8317